

Enrolled Student Night - March 30, 2023

· Welcome Address

Ms. Mary Beth Lennon '85, President

"A Mercy Girl Is"

Dr. Kathryn Adelsberger, Principal

- Advisor program
- Freshman courses
- Placement test
- Summer mailing
- Devices

Student Information

Ms. Terri Reinhert, Dean of Students

- Uniform information (Flynn O'Hara)
- Leadership opportunities and academic integrity
- Student activities and freshman events
- Parent/quardian involvement
- Yay Lunch

A Toast to the Class of 2027

Our Admissions Team congratulates our newest Mercy girls

Reception

Please join us in the Weinberg Lobby for light refreshments. Do not forget to stop by our photo booth and school store. There are also tables set up to inquire about IT & devices, uniforms, placement tests, Yay Lunch, and more.

Welcome Class of 2027



Please use the QR code below to access your class webpage- made just for you!

Your class webpage will have links to everything you need to know and we will update with new and important information over the upcoming months. Please make sure you bookmark it on your phone and/or web browser. This is your "one stop shop" for everything a new Mercy girl needs to know!



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2nd copy – Initial copy of this letter was included in your mailed Class 2027 Acceptance Packet

February 10, 2023

Dear Class of 2027 parents and guardians,

In preparation for your daughter's freshman year at Mercy High School, below is important information about our **Bring Your Own Windows Device** program.

We have customized a Lenovo ThinkPad E14 with specifications to ensure students will have a fast, capable, reliable device. If you are interested in purchasing this model, you may order through Mercy to take advantage of our volume-purchase arrangement with the vendor. Otherwise, freshmen may choose to bring any Windows laptop that meets the specifications outlined on the following page. **Please note that Chromebooks and Apple devices are not permitted**, even if they can run Windows OS.

The discounted cost for the Lenovo ThinkPad E14 is \$719. A four-year warranty with accidental damage protection (ADP) is available for an additional \$170. We will provide more information about ordering the Lenovo at Accepted Students Night on February 23rd.

If you decide to purchase another device, the device must be brought to campus for approval and configuration before freshman orientation. If the device does not meet our requirements, you will be expected to purchase an appropriate device before the start of school.

As we look ahead to the 2023-24 academic year, we are excited by all the ways that Mercy High School continues to thrive and grow. We look forward to welcoming you and your daughter to our remarkable community!

Sincerely,

Melinda Johnson Director of Information Technology

Bring Your Own Windows Device Program at Mercy High School Class of 2027

Windows Device Minimum Specifications

Operating System: Windows 10 or 11 (Windows 10 Pro recommended)

Processor: 1.7 gigahertz (GHz) or faster

Memory: 8 GB or greater

Storage: 256 GB or greater (SSD recommended)

Software

All software is included in student tuition/fees and will be installed on student devices at freshman orientation. Mercy's IT staff will provide and help students install Microsoft Office, Adobe Creative Cloud, antivirus, and Intune management software.

Recommended Device: Lenovo Thinkpad E14

- Processor AMD RyzenTM 5 5625U (2.30 GHz up to 4.30 GHz)
- 14" FHD display (non-touch)
- Memory 16 GB DDR4-3200 MHz
- Storage 256 GB SSD
- Windows 10 Pro
- Ideal for on-the-go professionals and students

Cost: \$719 + \$170 for four-year warranty with ADP (optional)



Academic Year 2023 – 2024 174 Days

August 14 – 16

New Faculty/Staff Orientation

August 17 – 22

Faculty/Staff Orientation

August 23 - 25

Freshman Orientation

August 28

Orientation for Sophomores, Juniors, and Seniors

August 29

First day of classes

September 1 - 4

Labor Day holiday

September 22

Ring Day/Mercy Day

October 23

School holiday

November 22 – 26

Thanksgiving holiday

December 20 -

January 1

Christmas holiday

January 15

Martin Luther King, Jr. Day holiday

January 16 - 19

Exams

February 19

Presidents' Day holiday

March 28 -

April 7

Easter holiday

May 27

Memorial Day holiday

Мау 30

Baccalaureate Liturgy

May 31

Graduation

June 3 – 5

Exams



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Mercy High School Uniform Reminders

Key elements

- Shirt: White uniform blouse with school logo
- o Nametag: Mercy student nametag
- Skirt: Plaid four kick pleated skirt, worn just above the knee, not to exceed three inches.
- Blazer: red blazer in good condition that buttons completely and fits well; only Mercy-related pins should be displayed on the lapel. Blazers are required for assemblies and liturgies.
- Socks: solid white or black knee socks, solid plain white or black crew socks with at least five inches of ribbing above the ankle (no decorations, no borders, no stripes).
- Shoes: black buck oxfords with standard soles, no contrasting stitching or contrasting grommets;
 purchased from Van Dyke & Bacon.
- Plain white or black tights are permitted (sheer nylons or black stockings are not permitted)
- Plain, tight, black leggings free from designs, logos, or patterns. Plain white or black crew socks must be worn over the ankles of leggings.

Optional additions

- Sweaters: red or black uniform sweater with school logo, black fleece jacket with school logo, Senior sweater in good repair
- o Solid white, black, red, and grey headbands measuring up to one and half inches (1.5") wide.
- Earrings should be no longer than 2 inches (2.0"); bracelets and necklaces must be few, thin, and simple.

Prohibited items

- Only analog watches may be worn in school. No Apple/Fitbit/smartwatches are allowed.
- Except for ear piercings, no visible piercings or tattoos are allowed. Nose piercings are not allowed.
- No blankets or scarves.
- Mercy spirit wear is not acceptable as part of the school uniform. No sweatshirts, sweatpants, or lounge pants permitted.
- o Hair may not be dyed or highlighted an unnatural hair color, including gray. Because unity and simplicity are our touchstones for appearance, radical hairstyles are not appropriate. Any student who comes to school or a school event with inappropriately colored or styled hair will report to the dean of students, who will call the parent(s)/guardian(s) to determine a solution. The school recognizes that particular hairstyles may be part of racial, ethnic, spiritual, or cultural identity and practice, or implemented as a "protective" hair style for natural hair. Nothing in this policy restricts such hair styles.



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YAY LUNCH!

We provide **real food**, **made fresh daily** with breakfast, lunch and snack options on campus in our cafe and special-made lunches available through a simple online ordering platform. It's so easy, you'll love it!



Order Ahead!

Lunches from local favorites available ONLY through pre-order!

Yay Lunch delivers freshly made meals from food providers in your community. You can place orders by 12pm Sunday for the week ahead through our simple online ordering platform.



Order online in just a few quick clicks.



Meals are prepared fresh daily by local providers.



Yay Lunch delivers lunches straight to schools.

Or Choose From Our In-Person Options

This fall, we're offering lots of tasty options to choose each day!



Grab + Go Meals and Beverages



Popular Snacks



Hot + Cold Breakfast



Wholesome Treats

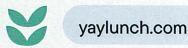
Learn More About Yay Lunch
yaylunch.com

YAY LUNCH!

Frequently Asked Questions

→ For Parents







What does Yay Lunch offer?

Yay Lunch will provide order-ahead lunches, delivered daily from your local food partners, in addition to our in-person cafe including breakfast, lunch, as well as nutritious grab-and-go snacks throughout the day.

I love that I can order from local restaurants! How do deliveries work?

Yay Lunch delivers from local vendors directly to schools. Our Brand Ambassadors deliver meals in insulated carriers so hot food stays warm and cold food stays fresh. Make sure to place your order on yaylunch.com by 12pm on Sunday for pre-ordered meals.

Is there a deadline for pre-ordering lunches?

You have until Sunday at noon (12pm) to submit your orders for the following week. You can also get a variety of breakfast, lunch, and snack options the same day in our cafe with a Yay Lunch account.

What can I order in person?

Yay Lunch will provide food that's available for same-day purchase ,including breakfast, lunch, as well as nutritious graband-go snacks throughout the day.

Where can I see the pre-order menu?

Once you create an account, your Lunch Calendar on <u>yaylunch.com</u> will have the most up-to-date and detailed menus for online ordering — including options for dietary preferences, portions, and sides.

I forgot to order this week! What do I do?

Don't sweat it: You also have the option to order same day, in person, from a variety of select breakfast, lunch and snack options! If you want to place a late order from our online delivery menu, reach out to info@yaylunch.com by 11am the day before service. We charge a nominal fee of \$0.50 per meal ordered after the order window closes.

When are meals delivered to schools?

Exact delivery times vary with each school's schedule. We work with each school to coordinate a delivery window within 15 minutes of the beginning of the lunch period.

How does repeat ordering work?

Repeat ordering is a perk of our online ordering process. You set up your weekly meals online once, and we'll deliver through the end of the school year! We'll notify you about any changes to your order via email. You can always opt out of repeat ordering to order week by week.

What about sick days or other last-minute cancellations?

You can cancel an online order by 9am the same day if your child is absent due to illness. Please email us at info@yaylunch.com.

How do ordering + billing work?

Create a free account at yaylunch.com, including providing your payment information and student or faculty ID. Orders placed both online and in person will be processed on the Saturdays following the week of service.

What happens on holidays or breaks?

We work to continuously sync our online menu with your school's calendar. Days on your Lunch Calendar will be blacked out according to your school's evolving schedule. Any scheduled meal selections will be canceled and you will be notified accordingly!

How do you handle food sensitivities?

Our menus are always peanut and shellfish-free, and you'll find a wide variety of gluten-free, dairy-free, egg-free, and vegetarian options across our menus. However, at this time, we cannot guarantee that kitchens will be 100% free of allergens. For any specific allergy-related questions, please email us at info@yaylunch.com.

School Uniform Shopping

Whether you're brand new to school uniforms or a returning shopper preparing for the school year ahead, FlynnO'Hara makes it safe & easy to shop for back-to-school.

1 ONE

Review Your Uniform Requirements

Click the link below & enter your student's Grade & Gender to view their specific uniform requirements, products, and pricing.



FIND YOUR UNIFORM flynnohara.com/shop/mercy-high-school-md016/

2 TWO

Shop For Your Uniform!

IN-STORE 8868 WALTHAM WOODS ROAD PARKVILLE, MD 21234 (410) 828-4709 HOURS & DIRECTIONS

ONLINE



FLYNNOHARA.COM

IMPORTANT NOTE: We recommend families get their uniform shopping done at least ONE MONTH before the first day of school to ensure your students have everything they need!



Additional Resources

Need Help with Sizing?

Visit the link below for fitting tutorials and other resources to help you choose the right sizes for your student's uniform.



FITTING TUTORIALS flynnohara.com/sizing-fit/

Questions? We're Here to Help!

atyourservice@flynnohara.com (800) 441-4122





A Magical Summer at Mercy



Get ready for an energetic and creative summer at Mercy!

Now is the perfect time to make exciting plans for your summer!

Try a new sport or take it to the next level in one you love, or dive deeper into your passion for dance.

Register today by visiting www.mercyhighschool.com/summer-camp

Basketball Camp: June 19—June 22

At Mercy's basketball camp, you'll have lots of fun, build friendships, and dramatically improve your game! No matter your ability level, you'll build on fundamentals like dribbling, passing, shooting, rebounding, blocking, and stealing. You'll learn the mental side of basketball and game strategies that you'll transfer into game-like experiences.

Camp runs daily from 5:00 p.m. to 7:30 p.m. in Mercy's gymnasium. Registration closes on June 8. The fee for registration is \$200.

Dance Camp: June 26-June 30

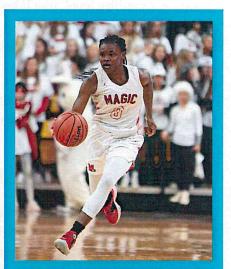
Keep your dance training moving forward this summer by dancing at Mercy! Students will work with professional instructors offering daily technique classes in the genres of ballet and modern dance, as well as additional classes in jazz, pointe (for dancers already on pointe), improvisation, and composition. Connecting with Mercy's roots in Ireland, dance camp will include instruction in Irish step dancing. Dancers will also explore stretching techniques, strength and conditioning, and the rich history of dance. A minimum of two years of previous dance experience is required.

Camp runs daily from 9:00 a.m. to 3:00 p.m. in The Harry and Jeanette Weinberg Auditorium. Registration closes on June 15. The fee for registration is \$325. Bring your own lunch.

Volleyball Camp: June 26—29 (Session 1) July 31—August 3 (Session 2)

Meet us at the net this summer to work on your volleyball mechanics and skills in a fun and competitive environment for all ability levels! Learn defensive and offensive fundamentals and develop game strategies. Athletes will build on their serving, passing, setting, blocking, digging, and hitting skills; ball control; footwork; and speed to give them an advantage on the court.

Camp runs daily from 5:30 p.m. to 8:30 p.m. in Mercy's gymnasium. Registration closes on June 15 for Session 1 and July 20 for Session 2. The fee for registration is \$215.









A Magical Summer at Mercy



Get ready for an active and creative summer!

Lacrosse Camp: July 17-July 20

Team up with other girls who have a passion for lacrosse. No matter your position or ability level, you'll be challenged, develop your skills, and have fun! You'll learn new individual skills and fine-tune old ones. Athletes will build on the fundamentals, including stickwork and speed, and will transfer these skills into game-like experiences.

Camp runs daily from 5:00 p.m. to 7:30 p.m. on Sisters of Mercy Field. Registration closes on July 6. The fee for registration is \$200.

Field Hockey Camp: July 31—August 3

Improve your field hockey game at Mercy's four-day field hockey camp while having fun and building friendships! Through a variety of field hockey drills, you'll practice important techniques including dribbling, passing and receiving, ball control, shooting, defensive tackling, positioning, and scanning and tracking. Beyond the fundamentals, our coaches will take your game further with offensive and defensive tactics, game strategies, and positional changes. You'll use what you've learned in full-field games.

Camp runs daily from 5:00 p.m. to 7:30 p.m. on Sisters of Mercy Field. Registration closes on July 13. The fee for registration is \$200.

Soccer Camp: August 7—August 10

Build your confidence, communication, and cooperation on the soccer field at Mercy's soccer fundamentals camp! No matter your ability level, you'll have fun and be challenged during drills and mock games. From speed and agility training to team and individual drills, you're sure to improve every aspect of your soccer game and prepare well for high school soccer tryouts.

Camp runs daily from 5:00 p.m. to 7:30 p.m. on Sisters of Mercy Field. Registration closes on July 27. The fee for registration is \$210.



For more information and to register, visit











Dear New Mercy Family,

Mercy High School manages all student medical information via an online database management system. This management system is called Magnus Health SMR (Student Medical Record). As this is a web-based system, you will have continuous access to your child's health record as well as the ability to make updates when needed.

On July 6, 2023, you will receive an email from service@magnushealthportal.com granting you access to your account. The email will include an assigned username and the opportunity to create your own password. You will have one week to access your account for setup. After one week, the link will expire. Check both your inbox and spam folder for this email invitation. Please have your medical provider complete the attached forms and once completed upload these forms to your Magnus Health online account! We ask that you enter all required health information into your Magnus Health SMR account for each child attending Mercy no later than July 24, 2023.

To access your Magnus Health Account:

On July 6, you will receive an email from <u>service@magnushealthportal.com</u> inviting you to create your password for your account. You will log into <u>https://secure.magnushealthportal.com/</u> with your username/password to access your child(ren)'s Magnus Health account(s).

Questions or Problems?

If you are having difficulty navigating the Magnus system, entering data online, or downloading the hardcopy coversheets and forms, or if you have any other questions, please contact customer support at Magnus Health SMR by phone at (919) 502-7689 or by email at service@magnushealthportal.com. You are also welcome to contact the school nurse at mrizzi-ayd@mercyhighschool.com

Please plan on completing all Magnus Health forms and requirements for each enrolled child by July 24, 2023. Participation in Freshman Orientation will be withheld for any account that is not up to date.

Thank you. We appreciate your participation in using Magnus Health.

Sincerely,

Mary Rizzi-Ayd RN, BSN, BA School Nurse



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PHYSICAL EXAMINATION FORM

(To be completed and signed by Physician / Nurse Practitioner / Physician Assistant)

Name:		DOI	3:	Age: Examin	ation Date:			
Height: Weight: _	B	P:	Pulse:	Temp:				
Vision:WNL	_ Glasses _	Con	tacts Were in	nmunizations given today?	No _	Yes		
*If immunizations were gi	ven today,	OR studer	ıt is new to the	school, please attach ar	n updated i	mmuniza	ation reco	rd.
PE FINDINGS	7							
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Behavior/Adjustment				Musculoskeletal/Orth	opedic			
Cardiac/Murmur				Neurological				
Dental				Nutrition				
Endocrine				Physical Illness/Impa	irment			
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GI				Respiratory				
GU				Skin				
Immunodeficiency				Other:			$\overline{\Box}$	
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List of any Medications: _		1 14			5 30 4		- u	
Does the student have a health Yes No Explain:					monitorin	g while a	t school?	
The student named at the top of Mercy High School without results If not cleared for all physical a	strictions.							
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A NEW FORM IS NEEDED EACH SCHOOL YEAR

OVER-THE-COUNTER PERMISSION/AUTHORIZATION FORM

The Over-the-Counter Medication Permission/Authorization Form is to be completed, signed and returned to Mercy High School by the first day of orientation. Part I is to be completed (check yes or no) and signed by a parent/guardian. Part II is to be completed and signed by your daughter's physician. No medications of any type will be given to your daughter until this form, Part I and Part II, is completed and on file in the Health Office. It is school policy and state law that no student may carry or take any medications unless under the supervision of the school nurse/school administrators.

PART I: Parent Consent for Administration of Over-the-Counter Medication

Stud	ent's l	Name	4		4,-11	Ye	ear of Graduation		- v	_
Knov	vn All	lergies								_
Med	catio	ns Taken Regularly				111		1		-
Chec	k the	over-the-counter medications lis	ted below that	you wish	to be ava	ilable to	your daughter in	school.		
1.	Ace	taminophen (generic Tylenol)	Yes	No		5.	Neosporin bacit	racin ointment	Yes	No
2.	Ibuj	profen (generic Advil)	Yes	No	41.00 c.	6.	Hydrocortisone	cream .5-1%	Yes	No
3.	Anta	acid (generic Tums)	Yes	No		7.	Benadryl		Yes	No
4.	Cou	gh Drops	Yes	No	-					
		nission for my daughter to receive	e the above med	lications			ed during school h	ours to be admir	nistered by the s	chool nurse.
Stud	ent's l	Name Acetaminophen (325 mg) 1-2 ta	bs po q4hr pm				Yes	No	4 67 · ·	
	1.	Acetaminophen (325 mg) 1-2 ta	bs po q4hr pm				Yes	No		
		(for headache, fever, mild musc		menstrua	ıl cramps)					
	2.	Ibuprofen (200 mg) 1-2 tabs q4 (for headache, mild to moderate	-6 hr prn e muscle discor	nfort, me	enstrual cr	amps)	Yes	No	-	
	3.	Antacid (Tums) 1-2 tabs po (for mild to moderate gastric hy	peracidity)				Yes	No	-	
	4.	Cough drops 1-2 po prn (for mild throat irritation or cou	ıgh)				Yes	No	_	
	5.	Bacitracin/Neosporin ointment (for minor cuts, skin abrasions)	topical				Yes	No	-	
	6.	Hydrocortisone cream 0.5-1% to (for insect bites, mild rashes)	opical				Yes	No	-	
	7.	Benadryl 25 mg to 50 mg po q4 (for allergic reactions)	-6 hrs prn				Yes	No	-	
Phys	ician's	s Signature		 -		Date		3 I S		

*Stamp physician name, address and phone number here. (mandatory)





Mercy High School School Medication Administration Authorization Form

This order is valid only for school year (current) ___ _ including the summer session.

This form must be completed fully in order for schools to administer the required medication. A new medication administration form must be completed at the beginning of each school year, for each medication, and each time there is a change in dosage or time of administration of a medication.

- * Prescription medication must be in a container labeled by the pharmacist or prescriber.
- * Non-prescription medication must be in the original container with the label intact.
- An adult must bring the medication to the school

	rescriber's Authorization		
Name of Student:	Date of Birth:	:	Grade:
Condition for which medication is being administered:	9		
Medication Name:	Dose:	Route:	
Time/frequency of administration:	I	f PRN, frequency:	
If PRN, for what symptoms:			·
Relevant side effects: \square None expected \square Specif	` y:		
Medication shall be administered from:	to th/Day/Year	Month/Day/Year	
Prescriber's Name/Title:(Type or print)			
•			
Telephone: FAX:		200	
Address:			
Prescriber's Signature:(Original signature or signa	Date:	(Prescriber's Addres	- Channel and delicate
A verbal order was taken by the school RN (Name):			
			(Date)
I/We request designated school personnel to administ have legal authority to consent to medical treatment f school. I/We understand that at the end of the school I/We authorize the school nurse to communicate with	for the student named above, year, an adult must pick up t the health care provider as al	ed by the above prescriber. I/V, including the administration of the medication, otherwise it willowed by HIPAA.	f medication at
Parent / Guardian Cignatures	Dare.		
Parent/Guardian Signature:			
Home Phone #: Cell Phone	ne #:		
Home Phone #: Cell Phone Self Carry/Self Administration	ne #: on of Emergency Medicatio	on Authorization/Approval	e l
Home Phone #: Cell Phone	ne #: on of Emergency Medicatio	on Authorization/Approval	e l
Home Phone #: Cell Phone Self Carry/Self Administration Self carry/self administration of emergency medication	ne #: on of Emergency Medication on may be authorized by the	on Authorization/Approval prescriber and must be approval n:	ed by the school
Self Carry/Self Administration Self carry/self administration of emergency medication nurse according to the State medication policy. Prescriber's authorization for self carry/self administration	on of Emergency Medication on may be authorized by the	on Authorization/Approval prescriber and must be approv	
Self Carry/Self Administration Self carry/self administration of emergency medication nurse according to the State medication policy.	on of Emergency Medication on may be authorized by the	on Authorization/Approval prescriber and must be approval n:	ed by the school

MARYLAND DEPARTMENT OF HEALTH IMMUNIZATION CERTIFICATE CHILD'S NAME LAST FIRST MI MALE □ FEMALE □ BIRTHDATE____/__/ SCHOOL____ PHONE NO. NAME _____ PARENT OR GUARDIAN ADDRESS Dose DTP-DTaP-DT Polio Hib Hep B PCV Rotavirus MCV HPV Hep A MMR Varicella Varicella COVID-19 Mo/Day/Yr Disease 1 2 3 Tdap MenB Other Mo/Day/Yr Mo/Day/Yr Mo/Day/Yr To the best of my knowledge, the vaccines listed above were administered as indicated. Clinic / Office Name Office Address/ Phone Number Title Date (Medical provider, local health department official, school official, or child care provider only) Signature Title Date Signature Title Date Lines 2 and 3 are for certification of vaccines given after the initial signature. COMPLETE THE APPROPRIATE SECTION BELOW IF THE CHILD IS EXEMPT FROM VACCINATION ON MEDICAL OR RELIGIOUS GROUNDS. ANY VACCINATION(S) THAT HAVE BEEN RECEIVED SHOULD BE ENTERED ABOVE. MEDICAL CONTRAINDICATION: Please check the appropriate box to describe the medical contraindication. This is a: Permanent condition OR The above child has a valid medical contraindication to being vaccinated at this time. Please indicate which vaccine(s) and the reason for the contraindication. Date Medical Provider / LHD Official

RELIGIOUS OBJECTION:

I am the parent/guardian of the child identified above. Because of my bona fide religious beliefs and practices, I object to any vaccine(s) being given to my child. This exemption does not apply during an emergency or epidemic of disease.

Signed:	Date:
_	Date.

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